



assured psychology

Becoming a Wholehearted Man:

Fall 2019

All human beings, including men have feelings (including sadness and fear), as well as needs (such as to be connected and belong), however many men struggle with how to experience and express such things without feeling less-than. This course is aimed at aiding men to connect with each other, understand themselves better, and be more well-rounded (or wholehearted) in their own selves as a man while not sacrificing their masculinity. A Five week (1x/week) course with a potential follow-up weekend retreat afterwards.

Dates:

5 week Series: Oct. 30, Nov. 6, 13, 20, & 27th – 7:00-8:30 PM

Costs:

\$599.00 for Full 5 week Series

Who:

Any men over the age of 25 are welcome to register

Where:

Kensington Area

Register:

Email assuredpsychology@gmail.com to register. Space is limited.

We hope to see you there!

www.assuredpsychology.com